

The Ultimate Treasure: THE RIGHT TIMING

From: **Back to Brilliance** (lynne@backtobrilliance.com)

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The Ultimate Treasure

Lynne Hoft & Vivian Hildebrandt

A bi-monthly E-zine for adventurers who want to discover the secrets for creating their dreams and being truly happy.

www.backtobrilliance.com

Greetings

Lynne

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Published two Thursdays per month. You are on our list because you signed up for one of our programs. To change your subscription see link at the end of email.

In This Issue

Feature Article: "Freedom is a Choice"

Brilliance Team Update: The Right Timing

We Recommend: *Activate Your Brilliance*

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Note From Lynne & Vivian

Time's flying - it seems to be moving faster than ever before. The

to-do list gets longer and longer, yet we find time to do less and less. What's going on?

We're experiencing significant changes in how time is working in our lives and our business. The plans we've made for this year keep changing. We get started in one direction and before we reach the finish line, things have shifted, new information arrives and an altered plan is required. We're learning to trust this process because we are seeing that our original goals are enriched by the new turn of events. Everything is coming in the right time to move us forward in ways we couldn't see when we started.



Our earth was devastated by the gulf oil spill, and it seemed to take forever to stop the flow of oil. We watched as nature was ravaged. The pain in the delays resulted in a heightened awareness of the importance of protecting our Earth, her resources, and inhabitants. Without the delays the impact to the environment would certainly have been less, but the public commitment to the protection of the Earth would not have blossomed.

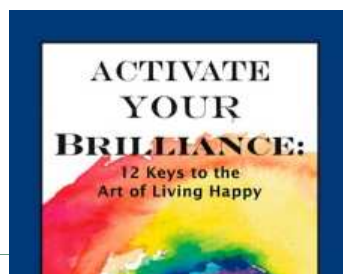
As plans change, crises occur, and astrological events progress as predicted, there is a perfect order and perfect timing for all that occurs. No matter what is happening we constantly remind ourselves, "All is Well".

Here's to Your Brilliance,

Lynne and Vivian

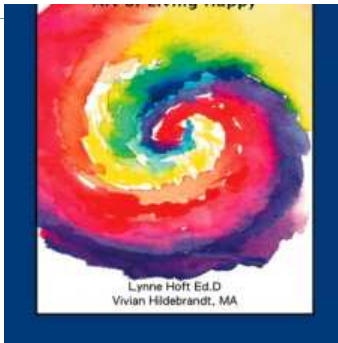
PS: Be sure to check out the new article below about choosing Freedom.

The Brilliance Team Recommends:



Activating your brilliance is the key to Mastering your Life.

Be the master of your own ship.



Start living from the inside out.

"When you understand that you can live from your Universal Brilliance, the pressures, expectations and limitations of the external world lose their power. You begin to choose those things, the thoughts, actions and words that are in harmony with your natural brilliance. Your choice supersedes a sense of obligation and social pressure. By choosing to follow your heart you choose to own your own power."

(Activate Your Brilliance, Chapter 1 ©2007)

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Using the Brilliance Formula opens the door to solve your problems!

Featured Article

Freedom Is a Choice

Lynne Hoft, EdD & Vivian Hildebrandt, MA

What is it that stops you from activating freedom in your life? Are you caught in a collection of "shoulds", "can'ts" and other thought patterns that limit your freedom? Is your life following your plan or someone else's? Can you even accept freedom as a possibility for yourself?

Everywhere you look people are demonstrating their lack of freedom. Adolescents loudly complain about most of their parents' rules. Employees stay in jobs they hate because they believe they have no alternatives. Many women squeeze their feet into 4" heels and totter around until their feet scream for Birkenstocks. Keeping up with the latest technological toys can result in double digit interest rates and a loss of financial freedom.



"Shoulds", "can'ts", and expectations are all external beliefs that we've accepted and internalized. We are consistently manipulated with

advertising and propaganda in every area of our lives. We're encouraged to choose our clothing, our food, our entertainment, and our politicians based on 30 second sound bites. We just don't recognize that we have abdicated our personal power to choose what we want in our lives. We live our lives like sleepwalkers in the night who wake up in the morning knowing that things are out of place and something is not right.

Freedom is a choice. We can continue our sleepwalking existence, or we can wake up and discover who we really are. We can choose to think for ourselves or be unhappy robots. When we live our lives from old and limiting rules; when we're a slave to fashion dictates or having the latest high-tech toys; when we make most of our life choices under the influence of media hype, we've lost ourselves. Unknowingly we have made the choice not to choose for ourselves.

Living from the outside in causes "dis-ease": failing relationships, unending conflicts, health problems, unhappiness, and even despair. There is only one answer. We must learn to live from the inside out, from the natural Brilliance we truly are!

Our Brilliance Formula teaches the essence of freedom - how to live from your Brilliance. Are you ready to give up your old habits, to do what it takes to create life on your terms? Are you ready to choose freedom?

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About the Brilliance Team

Entrepreneur Dr. Lynne A. Hoft, EdD is a national award winning licensed teacher/administrator and certified trainer. She excels at curriculum and program development and incorporates a multidisciplinary approach including learning styles, accelerated learning, and a multi-sensory environment.

Entrepreneur Vivian Hildebrandt, MA is a teacher and counselor with extensive experience in chemical health counseling and prevention, curriculum design, employee training, education and life skills facilitation.

As business partners and co-founders of Back to Brilliance, they have

focused on creating and testing curriculum that allow people to easily learn the principles for creating brilliant lives. They offer Books, Home Study Programs, Articles, Reports, Teleclasses, Weekend Intensives, and Personal Coaching.

contact@backtobrilliance.com

Teleclasses and Other Offers

What is the biggest problem people face today? What is it that takes away our energy, our focus and our motivation?

We have discovered that **Stress is one of the greatest barriers to success.** We tend to worry about money, feel overwhelmed by our learning curve, and feel inadequate to meet all the demands of our everyday fast paced lives and of living in today's world

Our program, **Stop Stress in Its Tracks, Home Study Course**, cuts to the chase by identifying the root cause of most stress.

It provides proven strategies to help anyone **master their mindset** and shift to stress free living.

For more information or to purchase:

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