



# The Ultimate Treasure

Lynne Hoft & Vivian Hildebrandt

A weekly E-zine for adventurers who want to discover the secrets for creating their dreams and being truly happy.

[www.backtobrilliance.com](http://www.backtobrilliance.com)

Dear Lynne,

July 19, 2007  
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**We Recommend:** Teleclass - Stop Stress in Its Tracks

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## A Note from Lynne and Vivian

In times of big changes and many unknowns it is essential to stay connected with our loved ones. Our weekly photo shows Vivian and Becky Poen, Lynne's sister and the artist, designer of our Back to Brilliance logo - the rainbow spiral. This picture was taken on our working vacation at the lake. This summer we're both planning reunions with family and old friends. When our heart connections are strong, it is easier to live from our natural brilliance.



Here's to Your Happiness,



Authors of *Be Happy Now*, a How To Book about Mastering Happiness

## Teleclasses and Workshops

### Stop Stress in its Tracks

Join us for a life changing class. In three one hour sessions you will learn 15 steps to banish stress from your life. You will begin to understand the myth of stress and be able to release and eliminate it. You'll learn strategies and skills to short-circuit stress reactions. You'll learn to listen through your innate wisdom, to follow your heart, and live the life of your dreams.

Does this sound too good to be true? You'll be amazed how simple and easy these steps work. We guarantee it! Get a 30% discount as part of our July Freedom Sale.

[Learn more and register now](#)

### The Keys to Brilliance: The Art of Living Happy

Do you want to want to achieve massive results in living from your brilliance and transforming your relationships with yourself and everyone else? Are you ready to make a powerful investment in your success, sanity, and wealth? If you answered yes to these questions don't miss this valuable series. Our next 8 week teleclass begins August 6, 2007.

[Learn more and register now](#)

## Feature Article

### "Natural Brilliance - How it Works in Our Lives"

By Vivian Hildebrandt

I want to share a little about how the keys to Brilliance are working in my life. Everyone has a different name for Brilliance: wisdom, higher power, God, love, common sense, intuition and more. The keys of thinking and brilliance that I have studied and taught were highlighted for me in an everyday experience I had recently.

After a recent Minnesota hot spell in June, an early evening cool breeze beckoned me outside. I have a couple of foldable lawn chairs and I love sitting outside to read or journal until dark. Of course, I put out two chairs because my handsome, short-haired, gray companion (Spritzie, 'my one-and-only' cat) always sits beside me in his own chair to survey the lay of the land as I do.

I was journaling and had asked the Universe "How can I catch more of the wisdom of the worlds?" As I sat musing, my eye caught a passing bus with the word

IMAGINATE painted on the side. This ad is sponsored by Michael's, a big craft store here. I thought a minute and realized that Imagine combined two words, Imagine and Create-perfect for their business and even more compelling for my personal life and our Back to Brilliance business. I had to laugh at the efficiency the Universe had used to give me a signal-I didn't have to move an inch or even google to get it.

Then a second bus drew my attention; it had big red letters spelling L-O-V-E on the back. I had no idea about that ad's sponsor, but I heard the message loud and clear. I had an answer to my question to the universe: listen and watch all around you and you will be drawn to what is most important. And I had received guidance from the Universe to Imagine, Create and Love.

Not ten minutes before I had watched a neighborhood dad pulling one of those famous red wagons with the side boards, carrying two little boys facing one another. As their Dad pulled them across the street to the next sidewalk, one of the boys let out a boisterous whoop and laughed loudly, then continued talking nonstop to his brother. They met and passed a couple out walking their dogs; there was a pause for the dogs to do their sniffing and then they walked on. It seemed that these families were also exhibiting imagination and creativity and love in their own ways in their own worlds.

I realized that I can catch wisdom and guidance all around me, the ever-present and free brilliance of the Universe, in any minute, because I will be drawn to it. My brilliance will tune in to it and send my attention in the right direction. Did I mention that I had never before read the sides of the buses passing by on my street when I was in the front yard? Let me also mention that the pizza delivery man with his pizza sign on top of his car flashed by after the buses. Luckily my inner wisdom won the day and I let the pizza idea just slip out of my mind. My brilliance knew that I had just finished a salad and didn't need to pay any more attention to the thought of pizza. The ability to connect to my brilliance and my skills in choosing which thoughts to pay attention to came in handy once again.

As I practice these principles every day and rely on the brilliance in- and outside of me, I have come to believe that it is an unlimited Source. It delivered its answer to my question with such ease and efficiency that I felt the amazement you get when someone or something just totally surprises you. I know, too, this Source is always re-sourcing itself through me, if I allow it to. The principles of innate wisdom & brilliance and of thought keep providing me with inspiration and creativity in the work I love and the life I am creating. Wishing the same for you.

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**WANT TO USE THIS ARTICLE IN YOUR E-ZINE OR WEB SITE?** You can as long as you include this complete blurb with it: Lynne Hoft and Vivian Hildebrandt publish *The Ultimate Treasure*, a weekly e-zine for adventurers who are looking for brilliance, freedom, and happiness. If you are ready to discover the secret for creating your dreams and being truly happy, sign up for our e-zine at <[www.backtobrilliance.com](http://www.backtobrilliance.com)>. You will receive a FREE bonus article, "Live Full Out from Your Brilliance".

## About the Brilliance Team

Entrepreneur Lynne A. Hoft is a national award winning licensed

teacher/administrator and certified trainer. She excels at program and curriculum development.

Entrepreneur Vivian Hildebrandt is a teacher and counselor with extensive experience in chemical health counseling and prevention, curriculum design, employee training, education and life skills facilitation.

As business partners and cofounders of Back to Brilliance they offer Teleclasses, Weekend Intensives, and Personal Coaching.

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## The Brilliance Team Recommends

### Stop Stress in its Tracks

Join us for a life changing class. In three one hour sessions you will learn 15 steps to banish stress from your life. You will begin to understand the myth of stress and be able to release and eliminate it. You'll learn strategies and skills to short-circuit stress reactions. You'll learn to listen through your innate wisdom, to follow your heart, and live the life of your dreams.

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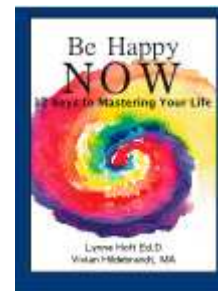
This program would be a bargain at its normal price of \$67. Now as part of our July Freedom Sale we have added a 30% discount dropping your cost to \$47.

[Learn more and register now](#)

### Be Happy Now: 12 Keys to Mastering Your Life

Our brand new book is on its way to our printer. Copies will be available next week. This book shows how to:

- Master your thoughts and feelings
- Jump-start fabulous and fulfilling relationships
- Move from stressful to stress-free living
- Live from your Brilliance and make your dreams come true



Are you ready to return to joy, laughter, excitement, and enthusiasm in spite of the demands, responsibilities, and challenges of your everyday life? In this book we share the keys to living from your natural brilliance, from the inside out. [Learn more and purchase here](#)

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